

The Body Measurement Sizing Guide **must be applied** in conjunction with the **Steel Grip Standard Garment Sizing Charts**.

All Steel Grip sizing is based on body measurements. The following is a guide to determine how and where to take these measurements to insure a proper fit.

1. Always have someone else take measurements
2. When measuring, keep the tape snug, but not tight
3. Place the measuring tape exactly on those body portions illustrated in the the photographed example
4. For actual body chest and waist **measurements falling between two sizes = *order the next largest size***

## Body Measurement Sizing Guide



Illustrates A, D, E

A = Chest Size \_\_\_\_\_ inches

Measure around the fullest part of the chest just under the arms and across the shoulder blades.

B = Sleeve Length \_\_\_\_\_ inches

With elbow bent, measure from base of neck and back at center, down and around the elbow and continue to the wrist.

C = Coat Length \_\_\_\_\_ inches

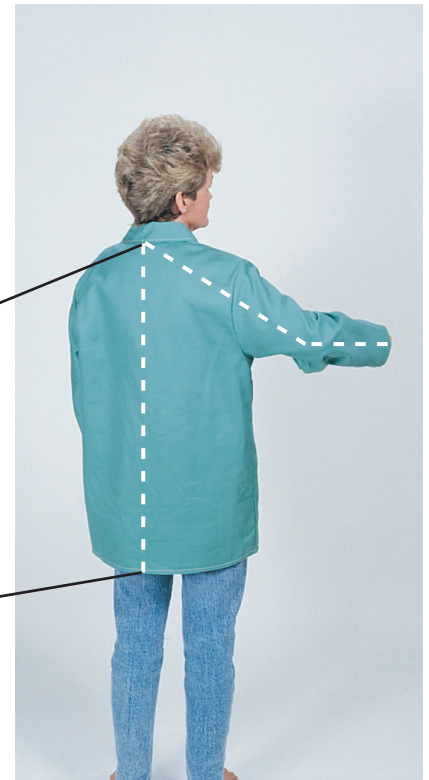
Measure from base of neck and back at center, down to desired length.

D = Waist Size \_\_\_\_\_ inches

Measure circumference of the narrowest part of trunk below ribs and above the hip bone where top of pants will ride.

E = Inseam Length \_\_\_\_\_ inches

Measure along inside of the seam of one leg from crotch point down to heel of shoe.



Illustrates B and C